

≡ Fall ≡ PANTRY LIST Staples

- ☐ Kosher salt
- ☐ Fine salt
- ☐ Black peppercorns
- ☐ Extra virgin olive oil
- ☐ Vegetable oil
- ☐ Apple cider vinegar
- ☐ Red wine vinegar
- ☐ Balsamic or sherry vinegar
- ☐ Rice vinegar (unseasoned)
- ☐ Ground Cinnamon and Cinnamon Sticks
- ☐ Ground Nutmeg and Whole Nutmeg
- ☐ Cloves
- ☐ Fresh Ginger Root
- ☐ Allspice
- ☐ Coriander
- ☐ Crushed Red Pepper Flakes
- ☐ Rosemary
- ☐ Sage
- ☐ Bay Leaves
- ☐ Garlic Powder
- ☐ Onion Powder
- ☐ Italian Seasoning
- ☐ Chicken Broth
- ☐ Beef Broth
- ☐ Vanilla Extract
- ☐ Almond Extract
- ☐ Dried beans – White, brown, black, and lentils
- ☐ Lemons
- ☐ Apples
- ☐ Oranges
- ☐ Pears
- ☐ Canned Tomatoes – diced, crushed, whole, sauce, and paste
- ☐ Oats – rolled, steel cut, and instant
- ☐ Frozen fruits – blackberry, blueberry, strawberries
- ☐ Nut butters – Peanut, Almond
- ☐ Hot tea varieties
- ☐ Potatoes – Sweet, New, Gold, Fingerling, Mini
- ☐ Winter squash – Butternut, Spaghetti, Acorn
- ☐ Canned Pumpkin
 - ☐ Baking soda
 - ☐ Baking powder
 - ☐ Cream of tartar
 - ☐ Cocoa powder (unsweetened)

- ☐ Chocolate: chips or bar
- ☐ Evaporated milk
- ☐ Brown Sugar
- ☐ Powdered Sugar
- ☐ Granulated Sugar
- ☐ Honey
- ☐ Maple Syrup
- ☐ Different Pastas – penne, bowtie, macaroni, angel hair, fettuccine, spaghetti
- ☐ Rice
- ☐ Panko Bread Crumbs
- ☐ Marshmallows
- ☐ Popcorn
- ☐ Applesauce
- ☐ Dried Fruit – raisins, apricots, cranberries, cherries
- ☐ Jellies – Apple Butter, Pumpkin Butter, Blackberry, Grape
- ☐ Pretzels
- ☐ Crackers
- ☐ Canned Beans – green, cannellini, white beans, chili beans, kidney beans
- ☐ Dried Oregano
- ☐ Paprika
- ☐ Chili Powder
- ☐ Dried Bay leaves
- ☐ Dried Rosemary
- ☐ Dried Basil
- ☐ Dried Parsley
- ☐ Soy Sauce
- ☐ Cornmeal
- ☐ Self Rising Flour
- ☐ Yeast
- ☐ Tortilla Strips
- ☐ Rolls
- ☐ Sandwich Sliders
- ☐ Breads – homemade, sliced, white, wheat, Texas Toast
- ☐ Milk – Almond, Half and Half, Heavy Cream
- ☐ Cheese – any and all kinds – cheddar, Parmesan, Mozzarella, and more
- ☐ Mayo
- ☐ Ketchup
- ☐ Mustard
- ☐ Eggs
- ☐ Custard

Be prepared. Eat well. Enjoy the season! ♥

STOCK IT. COOK IT. LOVE IT.